



HAMMAR Midlands Technical Briefing Day

Telford - 20th June 2024



David Hall Head of Property Wrekin Housing Group



Programme:					
09:30 - 10.00	Arrival and coffee/ biscuits.				
10.00 – 10.10	Welcome/ introducing HAMMAR Midlands + context/ Housekeeping.				
	Chair for the day and the HAMMAR Midlands Committee.				
10.10 – 10.25	Topical Update - social housing/ related sector activity + legislation update.				
	Julian Ransom & Andrew Burke for NHMF Man. Committee.				
10.25 – 11.20	Damp & Mould - causes (refresher) and current management techniques, sector trends & obligations, good practice approaches and practical application. Q&A and discussion open to floor.				
	James Berry, Deputy Chief Executive – The Property Care Association.				
11.20 – 11.35	Coffee/ Tea + comfort break.				
11.35 – 12.20	Flooding Risk - Predicting and Mitigating the Full Impact of Flood Disasters including a social housing sector case study. Q&A.				
	Grace Miller – Previsico.				
12.20 – 13.05	Asbestos - HSE 'Your Duty to Manage' Campaign 2024 – context/briefing + compliance update/refresher. What you need to know, common compliance regime weaknesses and solutions. Q&A.				
	Catherine Howard – Senior Asbestos Consultant (+ John Evison) – iON-Consultants.				
13.05 – 14.00	Buffet Lunch and Networking.				
14.00 – 14.30	Topical Subject Suggestions – open to the floor.				
	A chance also to discuss current challenges that delegate organisations are facing/ addressing.				
14.30 – 15.20	Fire Stopping – Compliance + obligations explained together with good practice approaches. What you need to know to avoid disaster, spot what might be compromising fire integrity in your buildings and ensure seamless service provision.				
	Angharad (Harry) Parry - Fire Safety Consultant - Ventro Group.				
15:20 – 15:30	NHMF Net Zero Study Tour 2024 briefing - Sweden trip brief report.				
	Julian Ransom for NHMF Man. Committee.				
15:30 – 15:40	Complete/ hand in feedback forms. Safe journey home.				



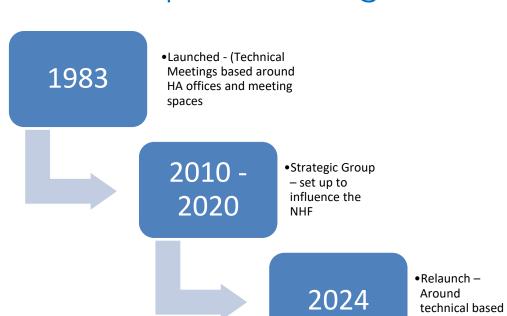






 History -HAMMAR was first launched back in 1983 with several Midlands based Housing Associations coming together to share knowledge, information and to 'stop reinventing the wheel'.

meetings.









Committee Members:

- David Hall Wrekin HG
- Ian Gardner Wolverhampton Homes
- Leon Storer Ark Consultancy (formally Stonewater)
- Kevin Holmes Midland Heart
- Shaun Mulloy Abbeyfield
- Julian Ransom Ion (HAMMAR SW associate)







Purpose of Hammar:

"Forum for sharing information, improving knowledge and communicating with like minded people in Housing Asset Management Maintenance and Repairs"







Relaunch of Hammar Midlands:











Current Challenges for Housing Providers – Poll

- **Economic Pressures:** High inflation and restricted rents are limiting financial capacity, impacting investments in new and existing homes.
- Supply Constraints: Ongoing contractor shortages are affecting the delivery of social housing projects, such as SHDF.
- Building Safety Regulations: Continuous changes and new requirements are being implemented.
- Regulatory Changes: The Social Housing Regulation Act and new consumer standards require enhanced service quality and tenant safety.
- Funding and Investment: Budget constraints due to inflation and restricted rents.
- **Retrofitting and Energy Efficiency:** Achieving net zero targets and improving energy efficiency require substantial initial investment.
- Professional Standards and Training: New requirements, such as Awaab's Law, necessitate changes in business practices and increased staff development.
- Governance and Data Management: Robust governance and data management systems are essential to navigate current challenges and meet regulatory expectations.

NHMF is serviced by

Topical Update - social housing/ related sector activity + legislation update



Julian Ransom -NHMF Man. Comm. Andrew Burke -NHMF Advisor

Midlands HAMMAR 20 June 2024



Topical Update and NHMF Best Practice

Andrew Burke Adviser NHMF



What we'll cover



What we know!

What we don't know!

What resources are available?

Where to start?



What we know!



Legislation:

- Building & Fire Safety
- DMC
- Band C & Net Zero Carbon
- Heat Network Regulations

Sector scrutiny:

- Damp & mould Govt, RSH & Ombudsman
- RSH Consumer Standards, TSMs, Inspections NHMF is serviced by



Building & Fire Safety



- Building Safety
 - Building Safety Act,
 - HRBs registered <u>Building Assessment Certificates</u>
 - Building Safety Case Reports
 - Resident engagement strategies
- Fire Safety
 - Regulatory Reform (Fire Safety) Order 2005
 - Fire Safety (England) Regulations
 - Fire Risk Assessments



Damp, mould & quality



Damp, mould & housing quality:

- RSH <u>Consumer Standards</u>, New Inspection regime, TSMs
- Housing Ombudsman Reports & Learning



Government expectations



Government expectations - residents:

- CoP for the remediation of residential buildings DLUHC looking for case studies – opportunity for SPF members?
- <u>Building Safety Act</u> Resident Engagement
- Awaab's Law



What we don't know!



Legislation:

- DMC Awaab's Law, Decent Homes/HSSRS
- Band C & Net Zero Carbon
- Heat Network Full Regulations

Sector scrutiny:

- New Government expectations
- RSH & Ombudsman Further powers?



Resources



- NHMF Best practice
- NHMF Awards
- Government



Best Practice: recent updates



- Regulator of Social Housing (New Regs April 24)
- Building Safety Regulator Q&A April update
- Why Tenants are Key
- NHMF Awards 2024
- DLUHC Code of Practice: Remediation of Residential Buildings
- Rethinking Repairs and Maintenance
- PAS 2030 & PAS 2035: Q&A briefing
 NHMF is serviced by
- Building Control changes 6 April



Where to start?



Residents are key!

- Government expectations residents
- Damp & mould Govt, RSH & Ombudsman
- Legislation Building & Fire Safety, DMC
- Future Awaab's Law, Heat Networks, Decent Homes 2, possibly NZC



Residents



Government expects residents to be:

- Safe have good quality & well-maintained homes
- Listened to
- Engaged so they can contribute

RSH will be enforcing this

Benefits of resident engagement



Conclusions and questions



- Residents are key!
- What are members working on?
- Any topics missing?
- Questions

Website: https://www.nhmf.co.uk/bestpractice

Contact details: https://www.nhmf.co.uk/contact/



Damp & Mould – causes, current management techniques, sector trends & obligations, good practice approaches and practical application. Q&A and discussion open to floor.



James Berry Deputy Chief Executive The Property Care Association.

Damp & Mould HAMMAR - Midlands



Dampness in domestic dwellings

"It is estimated that the effects of poor housing in the UK on the NHS is estimated to cost £2.5 billion per annum"



Is it going the wrong way?

Estimates of the number of homes in England with damp and mould range from 4% to 27% of homes, or 962,000 to 6.5 million households.



A sign of the times?





Broadly Speaking.....









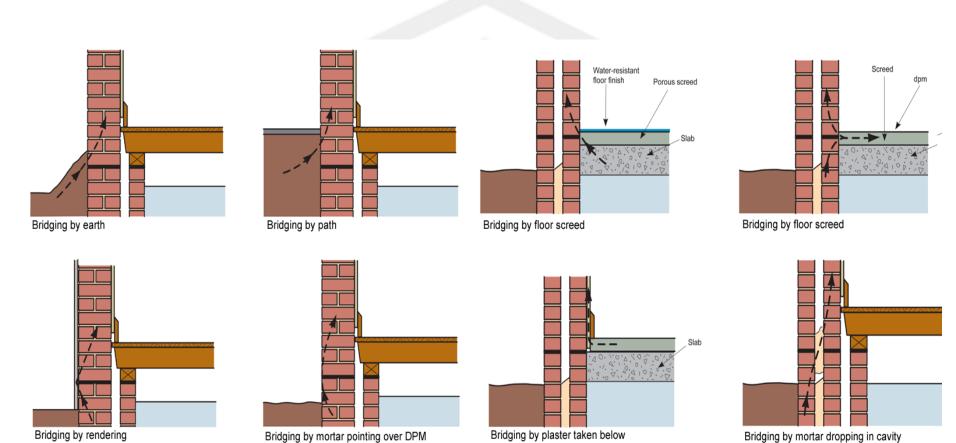






Reproduced from BRE Digest 245 (2007) "Rising Damp in Walls: Diagnosis and

Treatment"



finished floor level

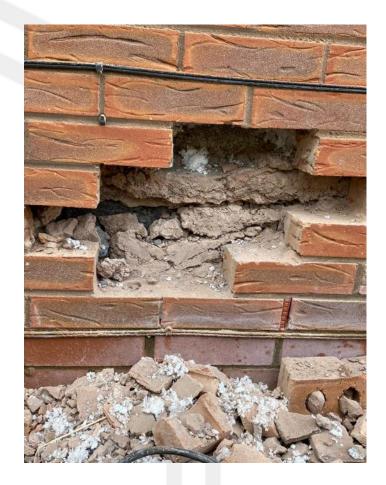






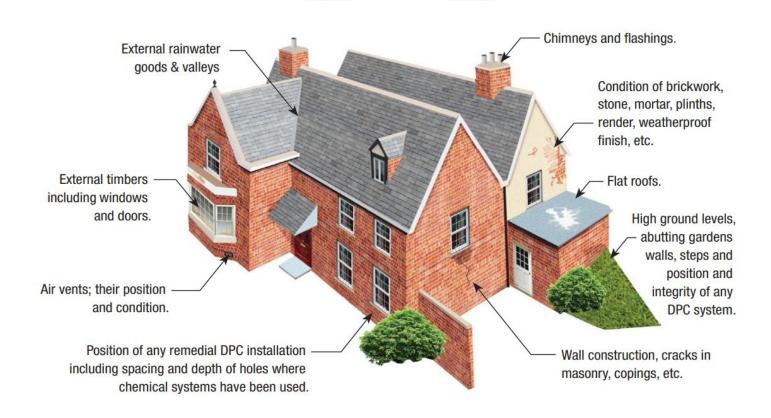
Debris in Cavity?







Rainwater Penetration



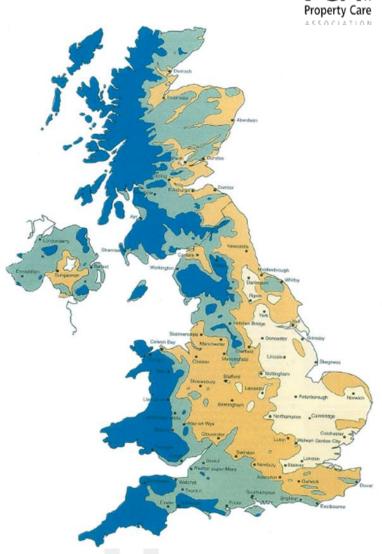


UK Weather Exposure Zones

- BRE rainwater penetration map
- From BRE 262

Exposure zones		Approximate wind-driven rain* (litres/m² per spell)	
1	Sheltered	less than 33	
2	Moderate	33 to less than 56.5	
3	Severe	56.5 to less than 100	
4	Very severe	100 or more	
	2 3	zones 1 Sheltered 2 Moderate 3 Severe	

^{*} Maximum wall spell index derived from BS 8104





Diagnostic features - Guide

Rising Damp/ Ground water	Rainwater Penetration	Plumbing Defect	High Humidity
No mould growth	Signs of external defect	Possible mould growth	Mould growth
Tide mark	Can be very wet conditions	May be similar to rainwater penetration but not weather dependent	Samples from within the wall will not be damp if surface condensation is the sole cause
Presence of salts	Will be influenced by external weather	Can be very wet conditions	Water beading on the surface
Base of the wall			Corners, high and low level, behind furniture items
Remains unchanged over long periods			Seasonal
			Run Marks
			No Salts













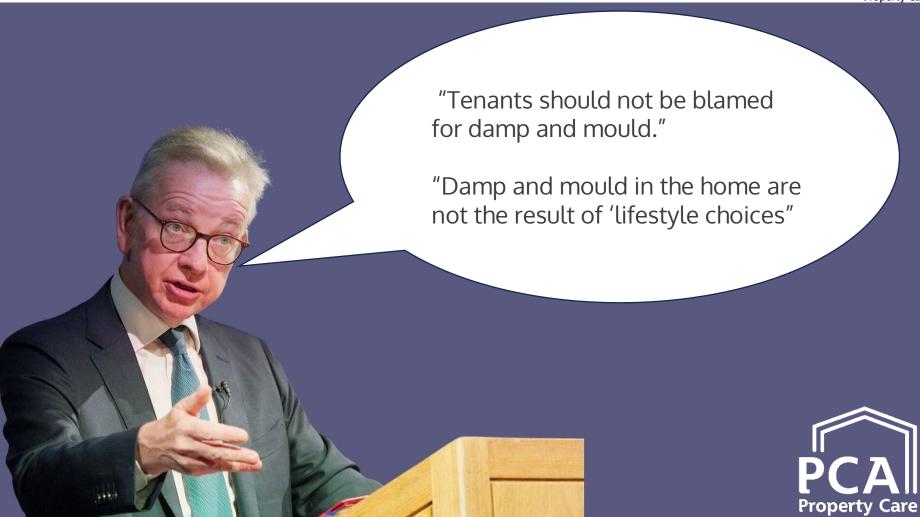


Health effects

- Predominantly affect the airways and lungs.
- Increased risk of airway infections
- Eczema
- Mental Health



ASSOCIATION





Why It's not 'lifestyle'?

- Infers blame likely to cause conflict and break down in relationship
- Suggests that it is the residence choice to live that way.
- Personal circumstance may heavily influence conditions





Audience Participation Time

- Breathe?
- Wash?
- Cook?
- Have a pet?
- Dry clothes inside?
- Have heating on constantly?





Where does the water from?

Table 11 - Typical moisture generation rates for household activities

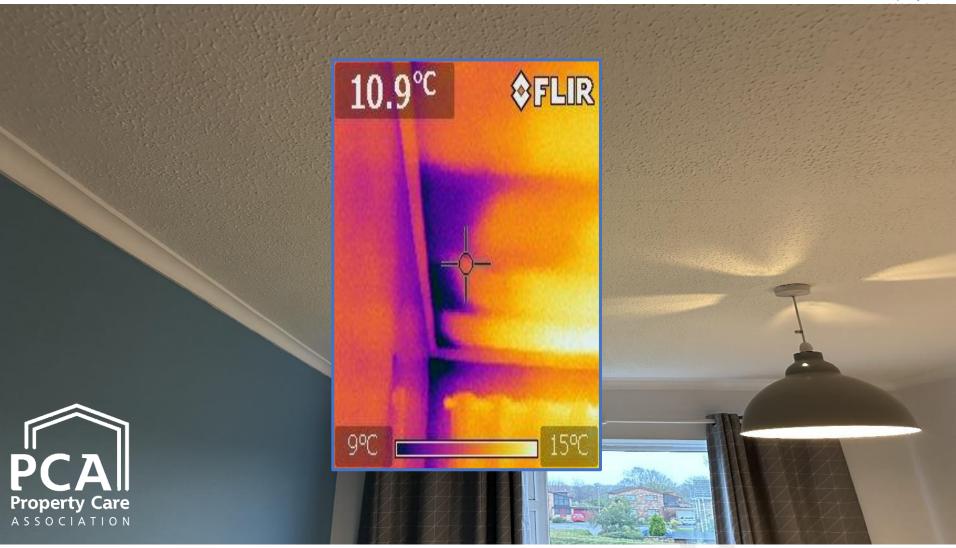
Household activity	Moisture generation rates
People	
- asleep	40 g/h∙person
– seated, office work	70 g/h∙person
– standing, housework	90 g/h∙person
– moderate manual work	300 g/h∙person
Cooking	
- electricity	2 000 g/day
– gas	3 000 g/day
Dishwashing	400 d/day
Bathing/washing	200 g/day∙person
Shower	600 g/shower
Washing clothes	500 g/day
Drying clothes indoors	1 500 g/day
Washing floors	200 g/day
Plants	20 g/day∙plant













Moisture production

We must accept that moisture production in dwellings is inevitable;

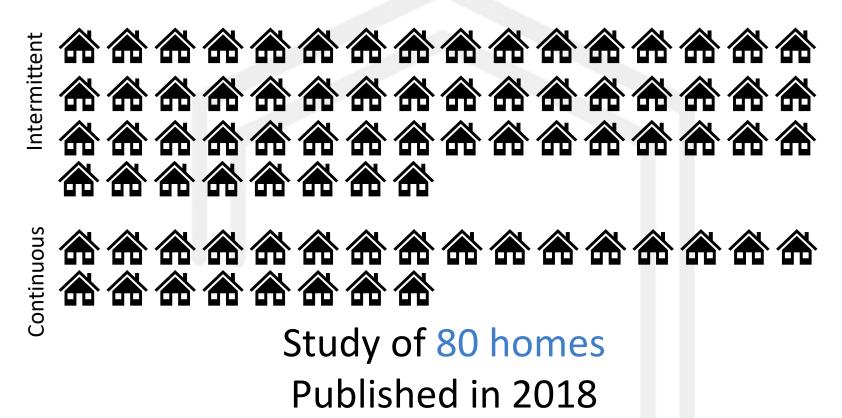
Cooking, showering, breathing etc..

We must therefore ensure that the building has means to manage it....





Ventilation and indoor Air Quality in New Homes



www.property-care.org



Ventilation and indoor Air Quality in New Homes





Ventilation in New Homes

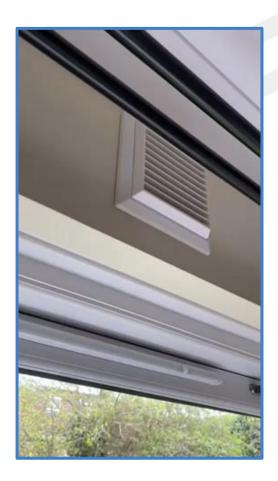








Another example.....











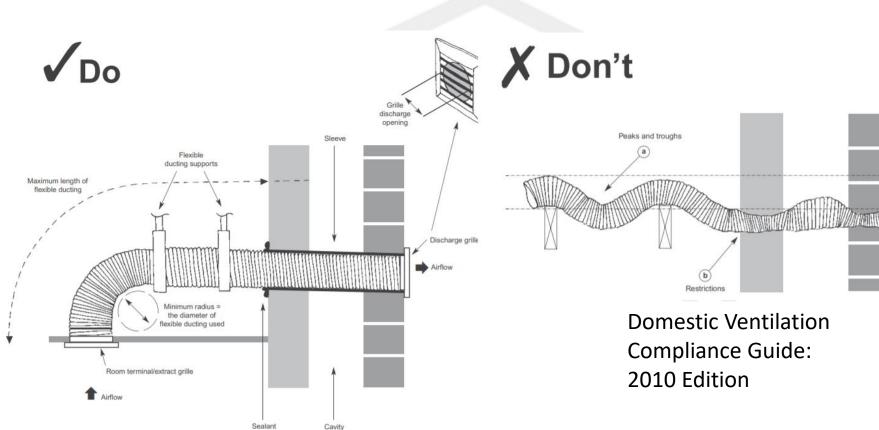




Preferred flexible

ducting route

Ducting



















Dealing with the root cause







Data Driven Approach

- Can we look to preempt issues?
- Technology now allows us to access environmental conditions
- Allows us to support our observations with data and focus any remediation





 How we operate our building has a role to play – but who is tell us how?

Deal with the root cause

 It provides a barrier to good diagnostics – Which is KEY

THANKS For Listening

For more help, information, technical docs or general updates, check out the links below



www.property-care.org



Linkedin.com/company/property-care-association



Facebook.com/PropertyCareAssociation



Twitter.com/pcapropertycare





Flooding Risk - Predicting and Mitigating the Full Impact of Flood Disasters including a social housing sector case study. Q&A.



Grace Miller Previsico



PDF Previsico HAMMAR July 2024.pdf

Asbestos - HSE 'Your Duty to Manage' Campaign 2024 – context/briefing + compliance update/ refresher. What you need to know, common compliance regime weaknesses and solutions. Q&A.



Catherine Howard
Senior Asbestos Consultant
(Joined by John Evison,
Director/Co-Founder)
iON-Consultants.





HAMMAR Midlands Asbestos Update

Cat Howard CoCA LFAAM



Agend a

- 1. Introduction to iON Consultants a different approach
- 2. The call for change recent government thinking
- 3. The HSE Campaign Asbestos: Your Duty
- 4. Our sector observations the good, the bad and the ugly
- 5. Back to basics advice for property managers
- 6. How can we help?
- 7. Q&A



Introduction

iON Consultants is an independent multi-disciplinary Safety, Health, Environmental and Quality (SHEQ) consultancy specialising in asbestos assurance, construction safety, ISO management systems, health and safety and training.

We have redefined asbestos management and offer a unique approach to duty holders.

Our mission is to raise industry standards, foster ethical business practices and cultivate a sustainable and resilient safety culture.

Our experienced asbestos specialists have worked as consultants, contractors, UKAS assessment managers and duty holders. We draw on this comprehensive skill set to support all aspects of asbestos management. Together, we are proud to lead the way in driving quality standards up across the industry.

https://www.ion-consultants.co.uk/

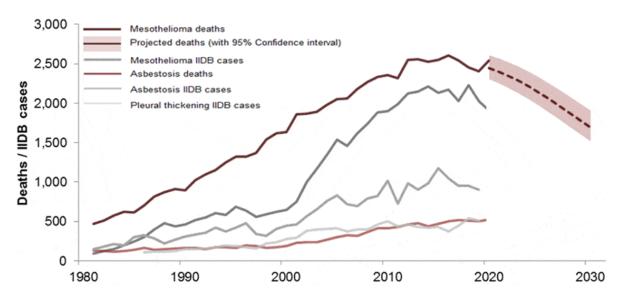




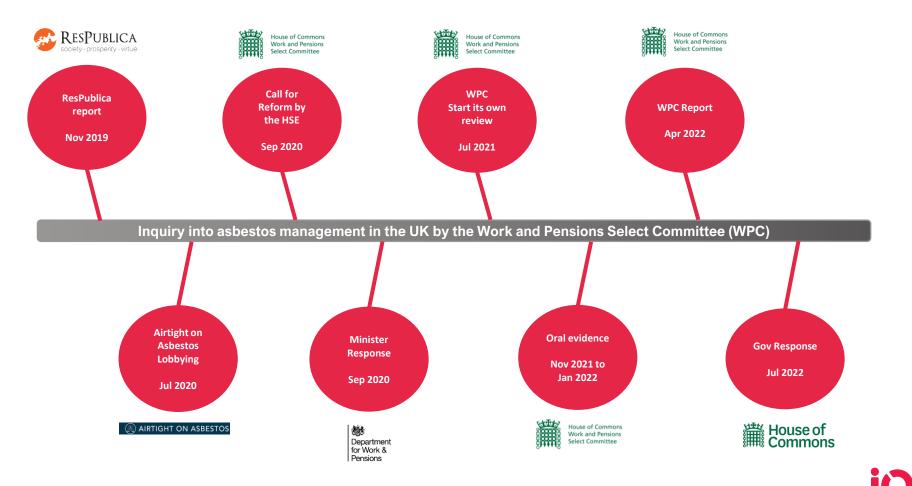


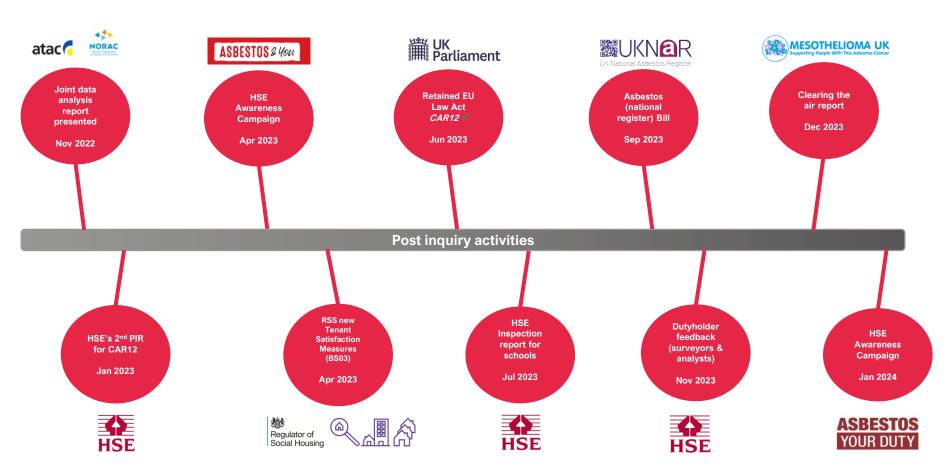
Chang e

Asbestos is the single greatest cause of workrelated deaths in the UK. Over 5000 asbestos-related deaths a year!











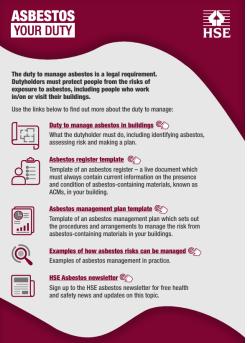
HSE Campaign

Launched in January 2024

Updated information, new templates and explanatory videos via the HSE's website and social media platforms

Campaign is HSE's #1 priority with a declared intent to name and shame non-compliance







HSE resourc<u>es</u>







ASBESTOS

to watch out for:

ASBESTOS & you

Textured

Cement

▶ Boiler

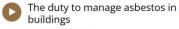
▶ Vinyl

Garage

Pipe

lagging





Thursday May 09, 2024

In this podcast, HSE experts discuss the legal obligation to manage asbestos in non-domestic buildings, highlight where asbestos is likely to be found and explain why it is dangerous.







Observation s



Our observations have been gathered over many years' experience of working in the housing sector and more recently through conducting sector wide compliance reviews



Good practice has been observed in the following areas:



The good....

- ✓ AMPs are generally in place
- ✓ Management of asbestos in non-domestic premises
- Procurement of asbestos suppliers
- ✓ Asbestos related training and refresher cycles



Poor practice has been observed in the following areas:



The bad....

- ✓ Shortfall in domestic property asbestos information
- AMP and procedures not regularly reviewed
- ✓ Poor or inconsistent implementation of procedures
- ✓ Too much reliance on suppliers with a conflict of interest
- ✓ Lack of independent auditing



Dangerous practice has been observed in the following areas:



The ugly....

- ✓ Unreliable asbestos register data
- ✓ Communication of asbestos information
- Reactive work resulting in asbestos incidents
- ✓ CDM compliance with project work



The ugly case study

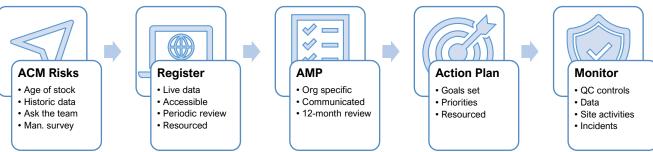
Fire improvement project in a HA culminating in a RIDDOR notification and asbestos exposure incident. iON conducted the investigation and supported the dutyholder through the incident.

Key lessons:

- **1. Asbestos Survey:** poorly planned and commissioned resulting in missed ACMs and inaccurate reporting to project stakeholders.
- 2. Principal Designer: supplied inaccurate Pre-Construction Information (PCI) and allowed commencement of the works without a Construction Phase Plan (CPP).
- **3. Principal Contractor:** did not produce a CPP, commenced work without suitable asbestos information, allowed staff on site without suitable asbestos training.
- **4. Client:** did not ensure the PD and PC carried out their duties and did not have a suitable asbestos emergency procedure in place to deal with the incident.

Highlights the importance of checks on contractors and resilience testing of emergency procedures.

Back to basics



Principles - Plan | Do | Check | Act



ACM risks

What Does Good Look Like?

- Ongoing review of survey data accuracy
- Consider updating original management surveys at regular intervals
- Consider surveying all domestic properties
- ✓ Refurbishment and/or demolition surveys scoped robustly and communicated via CDM pathways
- Effective communication to all stakeholders
- ✓ Regularly monitor ACM risks via periodic inspections
- ✓ Update register post-remediation

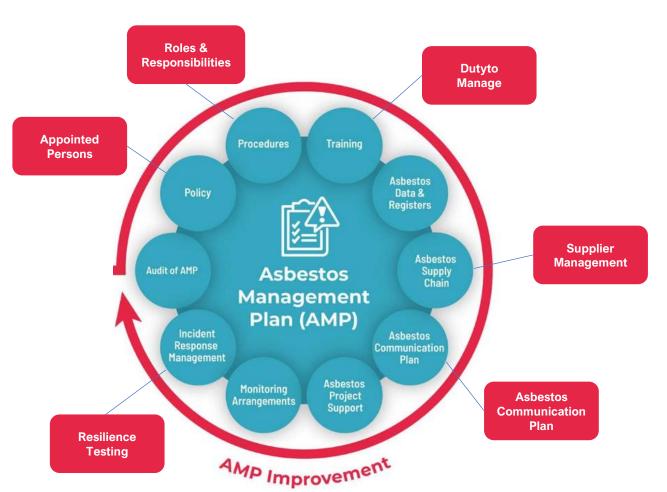


Register





Asbestos Management Plan (AMP)





Action plan

actions and priorities for ACMs in the asbestos register, take the following High potential to release fibres (e.g. MRA >10) prioritised for immediate action

ACMs in good condition, with a high potential for disturbance, protected or removed

ACMs likely to be disturbed by any planned refurbishment works must be removed unless work can be designed to avoid the ACMs

Some ACMs may require more frequent condition checks to inform long-term management actions

Activity changes to locations and will require a review of the actions and priorities

If new information becomes available through surveys or condition checks, include their impact and prioritise in the action plan ACMs are usually safer to leave in place

ACMs in good condition must be regularly inspected

ACMs that are damaged must be repaired, protected, sealed or removed

Helpful to set both short and longer term actions

Clear, time-based and reviewed



When to review AMP

Changes to organisation / personnel

Client checks

HSG264

'Green boxes'

If ACMs have been disturbed

UKAS

accreditation is

a good start

When work takes place that affects ACMs Following scheduled condition checks

Monitoring

Quality assurance of asbestos inspections

Quality
assurance of
remedial work

Non-Licensed Work Inhouse or

Competent

Contractor

Residual ACM risks Hidden in CfR or Statement of Cleanliness Progress Assurance

1393 1053 1053 Reviewed 100%

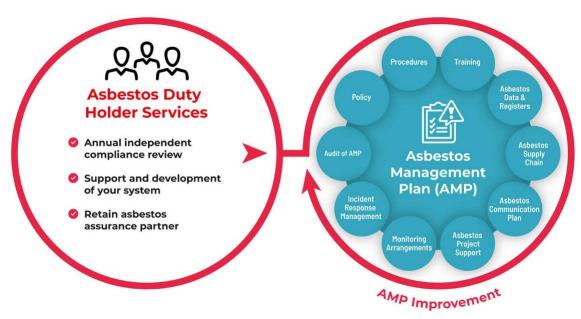
Survey Type Re-inspection 771

Year 5 AMS 282

75 59%



Support



Support services:

- ✓ Compliance Reviews ✓ AMP and Procedure Development
- ✓ Register Configuration
- ✓ Supplier Procurement
- ✓ Project Management
- ✓ Incident Investigations

- ✓ Data Assurance
- ✓ Supplier Auditing
- ✓ Certified Training
- ✓ Expert Witness



Question s





Contact Us

t: +44 (0) 845 862 3840

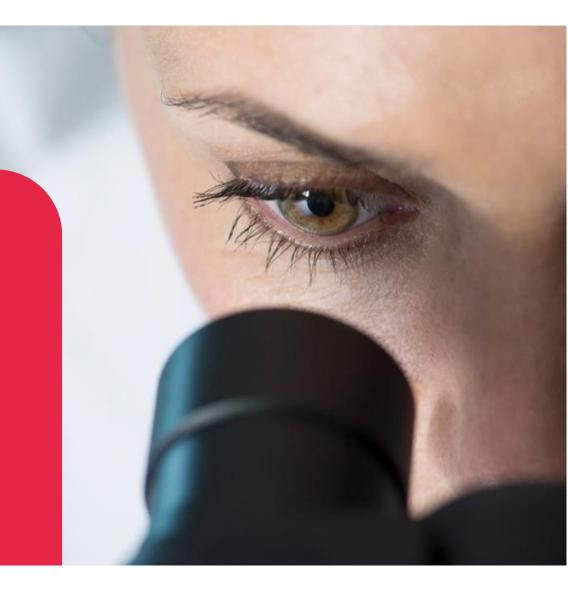
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w: iON-Consultants.co.uk

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Topical Subject Suggestions – open to the floor. A chance also to discuss current challenges that delegate organisations are facing/ addressing.



Open Discussion

Fire Stopping – Compliance + obligations explained together with good practice approaches. What you need to know to avoid disaster, spot what might be compromising fire integrity in your buildings and ensure seamless service provision.



Angharad (Harry) Parry Fire Safety Consultant Ventro Group

NHMF Net Zero Study Tour 2024 briefing – Sweden trip brief report.



Julian Ransom NHMF Man. Committee.

NHMF Study Tour 2024

Speaker:

Julian Ransom BSc MRICS
| NHMF Committee
| Director iON Consultants





NHMF Vision

The NHMF is the leading body representing housing providers in delivering excellence in maintenance and asset management services through:



Championing innovation



Bringing organisations and people together



Sharing and celebrating knowledge and best practice



Collectively improving standards



Being well managed and financially sustainable





Maintenance Conference Where we've been:

Every year the NHMF organise a study tour to look at best practice.

Previous study tour locations have included:

- Netherlands
- Denmark and Sweden
- Ireland
- Scotland
- Germany
- Austria 2022
- UK 2023





Where we went 2024

- Sweden > Stockholm in May
- Objectives:
- Social Housing model/equivalents.
- Refuge/immigration issues.
- Net Zero + Retrofit theme.
- Ecological + sustainability focus.
- Establish useful links (projects/research).
- Enjoy historic Stockholm + culture.

 Visit the largest Ikea in the World.



What is Sweden known for?

- ABBA
- Ikea
- Volvo
- Meatballs
- The Nobel Prize
- Herring based dishes....





But also:

- One of the most progressive Net Zero / ecological development strategies in EU.
- Most visited **flagship eco development suburb** (Hammarby Lake City 90s/2000s).
- Very widespread Heat network adoption.
- Amongst the Lowest Heat pump install costs worldwide.
- Largest residential development in Europe (Royal Seaport) with biggest heat pump + biomass plant in the EU.

However:

- Difficult 60s/ 70s concrete block estates (Million Homes Program
- Highest gun crime death rate in EU.
- Blighted estates/ challenges around immigration.





WHO (our hosts facilitating the visit):

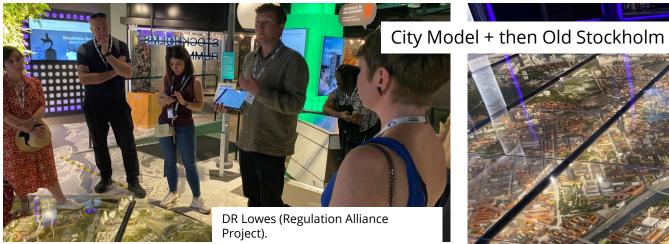
- The City of Stockholm (guided technical tours) + model city.
- City Energy + ecology expert guide.
- Stockholm Technical University.
- National and Regional governmental housing bodies.
- Large public housing Co. (HA equivalent?).
- Progressive Energy Cos.
- City of Stockholm Museum.
- Tenant / occupant lead pressure group (Electricity).
- Old City walking tours.





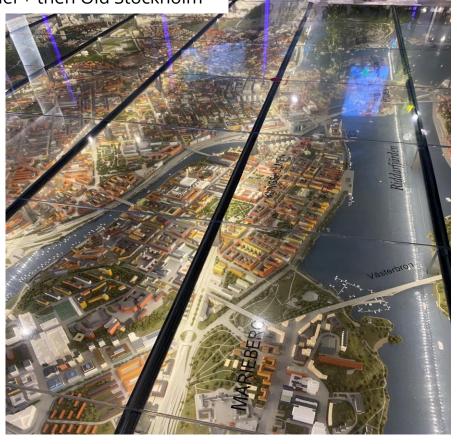
National Housing
Maintenance Forum

Conference
2024









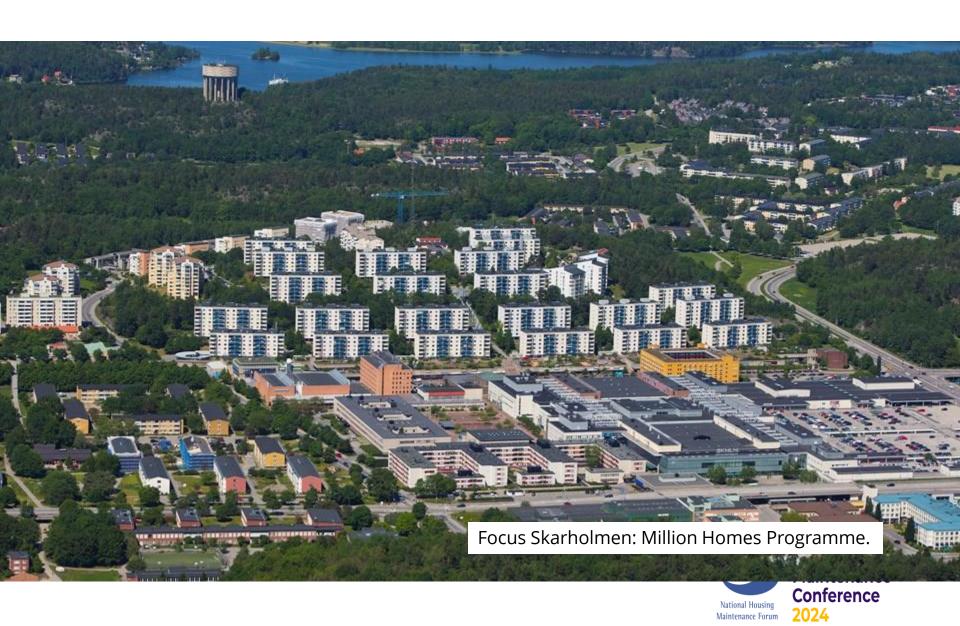




Public Housing in Sweden.

- In 1922 to 1932 Swedish experiment with 'Social Housing'. 10,000 homes.
 BUT Stigmatised / alienated / demeaning so rejected.
- Rent subsidy system employed instead.
- More than 3 out of 10 million Swedes live in rental housing.
- Over half live in public housing, i.e. municipally owned rental housing.
- However, there are also challenges.
- Million Homes Programme needs extensive improvement work.
- A need to invest in energy efficiency improvements.
- 'Exclusion' needs combating in many residential areas.
- Housing shortage but build costs high.
- Legislation means public housing companies have to combine social responsibility with a business-like approach.









Focus Skarholmen: Million Homes Programme.











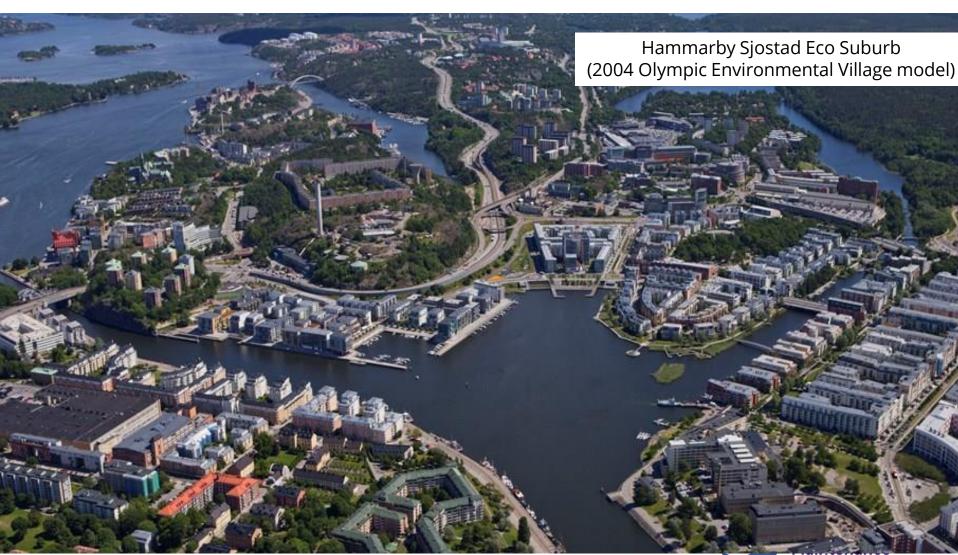
Focus Skarholmen: Million Homes Programme.





Planning Action Area: Gentrification (+40% density)?





National Housing Maintenance Forum Conference 2024







Hammarby Eco Suburb / Lake City





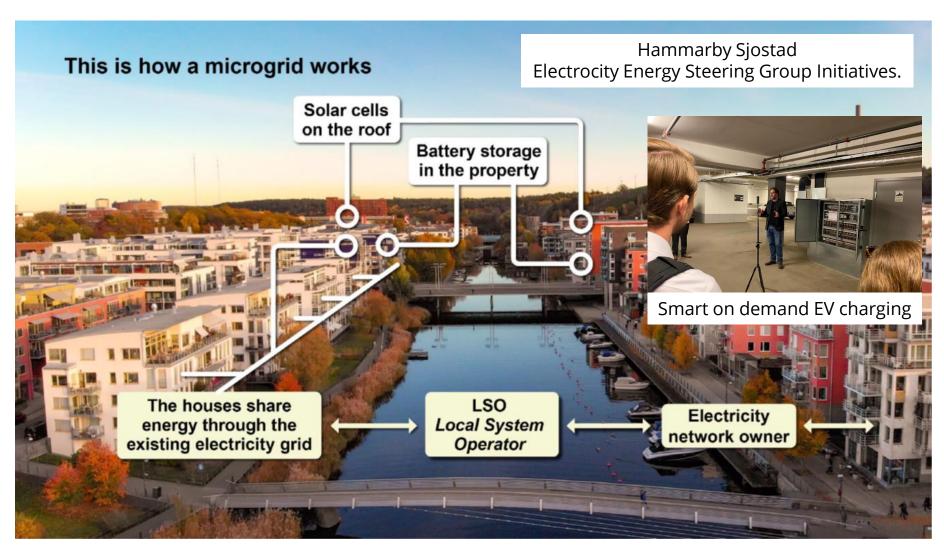




Hammarby 2.0 / Electrocity:

- 26 Housing Associations.
- 13,000 residents.
- Resident lead action group. Work Together.
- Original design criteria not met and greater efficiency potential.
- Joint procurement and utilities challenge > smarter working + reduced costs.
 Cleaning/ Garden Maintenance/ Recycling.
- Energy Group Microgrid.
- Better data management = demand efficiencies.
- 50% less purchased energy.
- Increased Renewable/ locally produced electricity. Stored and shared.
- Smarter on-demand EV charging > cost.
- Carpool + E Bikes.





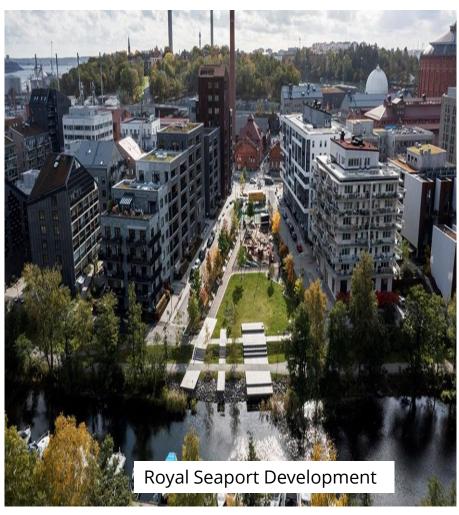


















Stockholm City + Targets:

- 80 85 % of all buildings connected to district heating system.
- The rest has heat pumps.
- Fossil fuel free city by 2040.
- Climate positive city by 2040.
- Fossil fuel-free city organization 2030





Headline 'take home' from Sweden

- Inspirational what can be achieved (capital city), but possible 50year head start over UK. Takes time to refine *Allot to do!!*
- Heat networks contribution significant (+ fuel poverty/ >D&M).
- The role of IT / data in maximising carbon reduction.
- Effective resident group model (Electricity). Engagement for UK tenants important for success.
- Issues around immigration/refugees Global warming demands a Global solution?
- Cranberry sauce with Meatballs!
- Full report /conclusions on NHMF Web Site shortly!!

 Conference 2025 speakers/ sponsoring research/ next year?.



National Housing

Why attend?

- Learning
- Information sharing
- Networking
- New working methods
- Examples of practical applications
- Innovation
- Use of technology in practice
- 2025 Watch this space



Maintenance Forum

Next HAMMAR Southwest Seminar Day: Focus: Net Zero/Retro Fit.

- Hosted by & Tour of Low Carbon Research + development laboratory Bath University (Architecture/ Engineering Faculty).
- Prof Peter Walker Bath University.
 >Hemp Lime panels/ 'BaleHaus'/ Mycelium Insulation etc
 >'Transforming Homes' (£4.6M). Bath/ Cardiff/ Bristol/ Exeter Uni.
- Dr Louise King, Research Associate, Centre for Climate Change and Social Transformations (CAST) - Overheating of Housing in the UK. Research + retrofit design principles project.
- Nigel Banks, Tech Dir. Octopus Energy Zero Bills & Low
 Carbon Homes The Net Zero Essentials + Zero energy design.
- Gemma Brookes, Energy Strategy Manager + Retro Fit Coordinator, Orbit Group – Data Driven Retofit + Property Passports.
- Will Routh Director/Co-Founder, Chirpy Heat. Heat Networks + their role in decarbonisation/ energy provider role.







Thank you. Questions?



Related Topics at the next HAMMAR Southwest Seminar 18th July Bath University.







Please Join Us: 9th October 2024 (Midland Heart – Oldbury Near Birmingham)

- ✓ Views on fee for event attendance
- ✓ Complete feedback form
- √ Hand in name badges
- ✓ Sign out
- ✓ Safe Journey Home